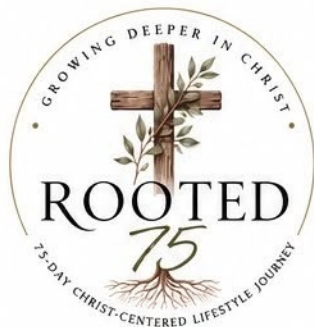


ROOTED 75 GROUP RULES



Welcome to the ROOTED 75 family! Our desire is to create a Christ-centered community where everyone feels encouraged, supported, and challenged to grow in their faith. By being part of this group, you agree to help us cultivate that environment.



1. KEEP JESUS AT THE CENTER

Everything we do should point back to Christ. Let's encourage one another with love, grace, and truth.



2. ENCOURAGE, DON'T COMPARE

Every journey is different. Celebrate victories, support one another through struggles, and remember that growth looks different for everyone.



3. SPEAK LIFE

No gossip, slander, bullying, shaming, or unnecessary negativity. Let your words build others up and reflect Christ's love.



4. BE KIND AND RESPECTFUL

Healthy discussions are welcome, but disagreements should always be handled with kindness, humility, and respect.



5. WHAT IS SHARED HERE, STAYS HERE

Many members may share personal prayer requests or struggles. Please respect their privacy and do not share posts or conversations outside this group without permission.



6. PRAY FOR ONE ANOTHER

One of the greatest gifts we can offer is prayer. If someone shares a need, take a moment to encourage them and pray for them.



7. PROGRESS OVER PERFECTION

This journey isn't about being perfect. If you miss a day, don't quit. Extend yourself grace, turn back to Jesus, and keep moving forward.



8. NO SELF-PROMOTION OR SPAM

This group exists to encourage one another in our walk with Christ. Please do not promote businesses, products, fundraisers, affiliate links, or other groups without prior approval from an admin.



9. KEEP CONTENT RELEVANT

Please keep posts related to ROOTED 75, faith, prayer, encouragement, healthy habits, personal growth, or topics that support our mission.



10. GROW TOGETHER

Ask questions. Share what God is teaching you. Celebrate your victories. Be honest about your struggles. Most importantly, encourage someone else along the way.



OUR MISSION

To become more rooted in Christ by building daily habits that strengthen our faith, renew our minds, care for our bodies, and encourage authentic Christian community.

"Therefore encourage one another and build each other up..."

— 1 THESSALONIANS 5:11