



SOAP

BIBLE STUDY GUIDE

A SIMPLE METHOD. A POWERFUL TIME WITH GOD.

WHAT IS SOAP?

SOAP is a simple and effective way to study God's Word daily.

It helps you slow down, understand Scripture, apply it to your life, and talk with God about it.

THE 4 STEPS:

- S - Scripture
- O - Observation
- A - Application
- P - Prayer

*"Your word is a lamp
to my feet and
a light to my path."*

PSALM 119:105



S SCRIPTURE

Choose a passage of Scripture.
Read it slowly and prayerfully.
Ask God to speak to your heart.



O BSERVATION

What does the passage say? Look for key words, phrases, and details. Who, what, when, where, why, and how?



A APPLICATION

How does this apply to your life today? What is God teaching you or asking you to do?



P PRAYER

Talk to God about what you've read. Praise Him, thank Him, confess, surrender, and ask for His help.

EXAMPLE SOAP STUDY

S	SCRIPTURE: Philippians 4:6-7 <i>"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."</i>
O	OBSERVATION: Paul tells us not to be anxious. Instead, we are to pray about everything and give thanks. God's peace is promised to guard our hearts and minds.
A	APPLICATION: I often worry about things I can't control. God is reminding me to bring those worries to Him in prayer and trust Him for His peace.
P	PRAYER: Lord, thank You that I don't have to carry my worries alone. Help me to pray about everything and trust in Your perfect peace. Amen.

TIPS FOR A MEANINGFUL TIME

- ✓ Find a quiet place where you can focus.
- ✓ Ask the Holy Spirit to guide you.
- ✓ Don't rush—take your time.
- ✓ Write it down to help you remember what God is teaching you.
- ✓ Be honest with God in your prayer.
- ✓ Apply what you learn and watch your faith grow.

REMEMBER:

God's Word is alive and active.
The more time you spend in it,
the more it will transform your life.



YOUR SOAP STUDY

DATE: _____

S	SCRIPTURE:
O	OBSERVATION:
A	APPLICATION:
P	PRAYER:



"Be still, and know that I am God." PSALM 46:10